

**GOVERNMENT OF MEGHALAYA
HEALTH & FAMILY WELFARE DEPARTMENT**

No.Health.21/2020/Pt.VIII/8,

Dated Shillong, the 20th March, 2020.

From: M.N.Nampui, IAS,
Secretary to the Government of Meghalaya,
Health & Family Welfare Department.

To

The Deputy Commissioners,
East Khasi Hills, Shillong/ West Khasi Hills, Nongstoin/Ri Bhoi District, Nongpoh /
West Jaintia Hills District, Jowai / West Garo Hills District, Tura / East Garo Hills
District, Williamnagar / South Garo Hills District, Baghmara/North Garo Hills,
Resubelpara/South West Garo Hills, Ampati/East Jaintia Hills, Khliehriat/ South West
Khasi Hills, Mawkyrwat.

Sub:- Guidelines of CAD (Coronavirus Awareness Day)- Observance on 21.3.2020 through the
State in all villages/localities.

Sir,

With reference to the above, I am directed to request you to disseminate the following key
messages of CAD (Coronavirus Awareness Day) to be observed on 21.3.2020 through out the State
in all villages/localities.

The key messages of of CAD should be delivered through respective Headman/Nokma (Other
community leaders including Church/VEC/Village Health & Sanitation Committees can also be
involved)

1. Not to panic about the coronavirus that is noticed in other countries and some parts of our
country.

2. To make people understand that it is a virus (Khlam) that has high transmissibility. This can
be transmitted through human to human contact and contact with the surfaces infected by the
virus. This transmission can be prevented effectively by following social distancing and hand-
hygiene practices.

3. To reach out to households/persons who have travelled to the affected countries or other
places in our own country and advise them to follow the advisory given by the Government "to stay
at home" (home quarantine) by strictly observing self-isolation protocol given by the Health
Department.

4. To inform Deputy Commissioner office with the details of the persons with travel history
with their contact number. This can be done in three ways:-

- (i) By calling 108 helpline
- (ii) calling DC Office Control Room (Mobile No.....)
- (iii) Register the name through online registration system created by Government
(<http://meghalayaonline.gov.in/covid>)

5. The Medical Volunteers/District Surveillance Team will reach out to those identified
households through phone and visits, if necessary, for providing necessary guidance and care to
those families for the next 14 days.

Yours faithfully,


Secretary to the Government of Meghalaya,
Health & Family Welfare Department.